



# What's our story at James Bay Community Project?

- ▶ We work to build a community of connected, resilient people: **It's our vision**
- ▶ We work to build resilience through connections: **It's our mission**
- ▶ **We're Building Community Together.**

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## Dear friends and James Bay Community Project supporters:

Before I ask for your support, here are five questions most often asked about the James Bay Community Project:

1. What exactly do you DO at the James Bay Community Project?
2. I heard you're all about seniors. Is that true?
3. I heard you're all about mums and babies and pre-school children. Is that true?
4. Do you ever need volunteers?
5. How are you funded?

Before providing answers to each of these in detail, I must tell you about the indescribable, ineffable feeling of community experienced at 547 Michigan Street.

We have a skilled and dedicated staff. We have a pool of compassionate, willing, and able volunteers who number more than 300! And we have a generous group of donors who give us money, time, and in-kind donations to help us better meet the needs of our participants, maintain our non-profit organization, and keep our doors open (and our building bright and warm!) in the community.

On behalf of our Board of Directors, I thank you for your donation and ongoing support. I encourage you to come by and see your contributions at work. Think about volunteering, and make sure you are in the loop for our emails and newsletters.

Read on to see answers to the Big 5 Questions! And learn what YOU can do to HELP!

**Rozlynn Mitchell**  
*Chair, Board of Directors*





## THE BIG FIVE questions answered

### 1. What exactly do you DO at the James Bay Community Project?

We work to build a community of connected, resilient people. We do that in many, many ways. We have programs with delicious names such as Mother Goose and Toddler Time. We have Seniors Social Connections, Blood Pressure Clinics, Foot Care for Seniors, Reiki, and classes in Meditation & Self-Knowledge. Many of these programs cost nothing or are accessible by donation and are community-created and supported by volunteers.



**2. I heard you're all about seniors. Is that true?** We have programs for vulnerable seniors and adults with disabilities, many of them isolated and ill, to help them access benefits to which they are entitled. Programs for caring home services such as shopping, transportation, and companionship for those who need it. As well as our health programs, we offer clothing and food services, and social programs that keep people involved, supported and connected. A hot bowl of soup, a newspaper to read in the JBCP lobby, a bag of groceries and the Community Closet - these are just a few of our offerings.

**3. I heard you're all about mums and babies and pre-school children. Is that true?** Have you seen our Children's Community Garden? It's one of the ways we serve mums, dads, babies, children and their families. We have Girls Groups, Mother and Baby Groups, Early Learning Music, Cool Cues for children 8-to-10 years old, and weekly Family Dinner drop-ins among our Family Resource Centre offerings.



**4. Do you ever need volunteers?** James Bay Community Project runs on volunteers! Their gift of time and work makes a valuable contribution to the lives of many of our community's more vulnerable individuals. Our many volunteers give literally thousands of hours toward helping others. It may be as little as having a cup of tea and a chat with a lonely senior or as much as helping with the landscaping outside the JBCP building on Michigan. Big or small, it's all part of a compassionate whole.

**5. How are you funded?** We receive funding from several charitable and government sources and granting agencies, but we regularly look to donors in the community, as we are doing with this letter. There are myriad ways you can donate:

- Donate online: Make a one-time donation or become a monthly donor through [www.canadahelps.com](http://www.canadahelps.com)
- Fill in the donation form attached and return it to us
- Leave a legacy: A gift in your will keeps giving into the future
- Thrifty Foods Smile Card: Pick up your Smile Card at JBCP reception
- Memorial Gift: Remember your loved ones with a memorial gift
- Designate a gift through the United Way, Provincial Employees Community Services Fund or Telus Employee Charitable Giving Program.
- Shop at The Community Closet, 435 Simcoe St. It provides nearly 20% of our revenue!



## Fun Facts: What your donation will buy

**\$10**

- Buys bus tickets for two lower-income families to attend our Family Programs
- Two packages of runner-bean seeds for small children to plant in our popular garden program

**\$20**

- Buys a healthy snack for new parents and babies in our Parent Child Mother Goose Program
- Four large paper pads for our paint easel used by our budding artists

**\$50**

- Buys a small fig tree for our children's garden project
- A week's work of fresh fruit and vegetables for snacks at our Creative Play drop-in programs

**\$150**

- Pays for food for a Seniors Social Connections lunch for 20-odd seniors

**\$330**

- Buys Farmer's Market coupons for 16 weeks (a full season) for seniors and families enrolled in the program.

**\$500**

- Buys a new carpet for children to play on in our "cars and trucks" area of the Family Centre
- One Summer Girls Group for children aged 8-10 years to make friends, do art, build social skills

**\$1000**

- Pays for bus tickets, snacks and child-minding for participants in the six-week Nobody's Perfect program for new parents 21 years of age and younger.





# I would like to support programs at James Bay Community Project

Enclosed is my cheque payable to James Bay Community Project for:

\$25  \$50  \$100  \$250  \$500

Other amount: \_\_\_\_\_

I prefer to give on my  VISA  MasterCard

Name on Card:

\_\_\_\_\_

Card Number :

\_\_\_\_\_

Expiry: \_\_\_\_ / \_\_\_\_ CVV: \_\_\_\_\_

The CVV Number on your credit card is a 3-digit number on the back of the card next to your signature.

Signature:

\_\_\_\_\_

Yes I would like a charitable tax receipt. Please send to:

Name:

\_\_\_\_\_

Address:

\_\_\_\_\_

Post Code:

\_\_\_\_\_

Phone:

\_\_\_\_\_

Email:

\_\_\_\_\_

I wish to become a monthly donor, please charge 12 monthly payments of \$ \_\_\_\_\_ to my credit card

OR

I wish to become a monthly donor, please find enclosed 12 postdated cheques

I wish my donation to be anonymous

I would like to find out more about leaving something to JBCP in my will

Yes I'd like to receive the JBCP Newsletter by:  Mail  Email  No thank you do not send me any mail

Please mail your donation with this form, or drop it off at reception:  
James Bay Community Project, 547 Michigan St., Victoria BC, V8V 1S5

James Bay Community Project respects your privacy and adheres to the legislated privacy requirements. We do not and nor will we ever sell, trade or rent out any of your personal information. For further information or if you have any questions please contact JBCP: [askus@jbcp.bc.ca](mailto:askus@jbcp.bc.ca) | 250.388.7844

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