

Annual Report 2015/16



Building Community Together

Chairperson's Report

George Jamieson, **Board Chair**



This has been a year of learning and inspiration, thanks to all our supporters.

The learning began with an ordinary task, and turned into something special.

Last summer our board of directors set out to write a new Strategic Plan for the James Bay Community Project. This is something we do every few years. It's a chance to "review and renew" our values and ambitions, the things we do and why we do them.

Members of our community were generous with thoughts and suggestions. Many comments came from the survey in last year's Annual Report. Others came from people who take part in our programs. Management, staff, volunteers and directors read every comment and considered every suggestion, and added their own thoughts.

Along the way, we began to look at what we do in different ways. A word that came up early and often was "connections." As we thought about it, we recognized that all our activities – programs, services, outreach – involve

helping people to make connections. When community members come to the building, they connect with staff and volunteers, for programs and services, advice or assistance. They connect with each other for social activities, increasing their circle of friendship and sharing. We have a telephone and computers in our lobby – another way for people to connect. When our outreach workers and volunteers go into the community, and into people's homes, they are also making connections.

It's what we do. We help people make connections, and the connections make people stronger, safer, happier. They make our whole community stronger, safer, healthier. That's a main lesson we learned as we wrote a new Strategic Plan, and it became part of our new Mission Statement: "To build resilience through connections."

The inspiration comes, as always, from people who share and support our mission. Executive Director Kaye Kennish and members of our staff approach every task, every question, every challenge with professionalism, imagination, and skill. They always find new solutions, new ways to move forward and make lives better.

Our volunteers, co-ordinated by Lisa Gleinzer, are vital. They bring energy and knowledge to every program and service, from our library to the Community Closet, from food programs to social support, from the kitchens to the boardroom.

They give their time and their experience for free, because they believe in what we do and want to help. That is a special kind of inspiration.

We're also inspired by colleagues in other agencies who work closely with us. Organizations like the Victoria Health Co-Operative, Capital City Volunteers, and Her Way Home, working in our building, making a difference in our community.

Everything we do – all of us – requires support. We are grateful to individuals and organizations for their help. We receive financial support, from government departments and BC Gaming, from organizations like the Victoria Foundation. Community sponsors like Pharmasave, Coast Capital, and Spinnakers provide money and services. Individuals and families donate from their own pockets. We are thankful to every person, every company, every agency. You can see most of their names in this annual report, and on the wall in our lobby. We simply could not do this without them.

On behalf of the Board of Directors, I want to express our thanks to all of you, for staying connected to the James Bay Community Project, and for helping us to stay connected to our community.

Executive Director's Report

Kaye Kennish, **Executive Director**



The past year has seen the James Bay Community Project continue to deliver a range of programs and services to people of all ages. It is a place of gathering, connection, support and acceptance for hundreds of people.

Children and their parents find friendship, fun, reassurance and practical advice in our Family Centre. Youth find support, understanding and guidance from our youth outreach worker. Those who struggle to stretch their food budget fill the gaps with soup or bread we provide. Those who want to connect with the world online but don't have their own means to do so use our lobby computers. People who have skills they want to put to use while feeling a part of their community volunteer with us. Seniors who are frail and isolated rely on our outreach workers, volunteers and Better at Home program to access vital resources and to continue living in their own homes. People who could not otherwise access health and wellness activities participate in ours. Customers of our thrift store (the

Community Closet in James Bay Square) meet their need for clothing to fit their budget, and in doing so also contribute to the funding of our programs and services

. All of this and more is made possible by a surprisingly small number of staff who make every working minute count and resonate. They are dedicated to doing their best at all times, and set the bar very high. I pay tribute to them and thank them for their unflagging efforts. They are unsung heroes of the bravest kind – those who persist day after day in doing the right things for the right reasons despite the obstacles and frustrations, putting others' needs first. Their dedication, consistency, empathy, and thoughtfulness are inspiring.

Our approximately 300 volunteers are the heart and soul of JBCP, as they have been for so many years. Like everyone who participates in JBCP life they are a diverse group of varied ages, backgrounds, skills and interests. They give the invaluable gift of their time and attention, and their contributions lie not only in the work they do and the tasks they complete, but in the richness of perspectives, conversation, ideas and priorities that they bring to the JBCP world.

Among our volunteers are those who sit on our Board of Directors. In addition to giving their time and skills they take on

a big responsibility in leading an agency with a long and rich history of serving the community, and on whom many continue to rely. They work hard to balance the legacy of the agency with the need to take it forward and ensure its sustainability. I am particularly grateful to Ron Duffell for his expert leadership of our recent strategic planning process, and to our Chair George Jamieson for his constant support and availability for a myriad of meetings, tasks and decisions – and always with a smile!

It has been a challenging year for James Bay Community Project in some ways, particularly in the area of fundraising. Like so many non-profits we are finding it ever-more challenging to access funding, and we had to stop providing complex foot care this year because we could not replace the grant that came to an end.

However, we recognize that nonetheless we do have resources of different kinds that are invaluable and we need to get more creative in how we leverage them. We strive to look at the future through the lens of what we can do rather than what we can't.

Given that lens and based on our record, the future looks bright indeed!

Family Resource Programs



Staff 2015/16

Administration

Marianne Boulton, Receptionist
Bob Broughton, Bookkeeper
Paula Greene, Fundraising & Communications Manager
Kaye Kennish, Executive Director
David Lucas, Building Operations Coordinator
Helen Tuele, Board Support Services
Brian Vining, Finance Manager

Family & Community Services

Barb Anderson, Family Development Worker
Deb Dosil, Family Centre Facilitator
Kristyn Laver, Family Centre Facilitator
Lisa Gleinzer, Coordinator of Volunteers & Community Programs
Susan Henderson, Community Closet Thrift Store Manager
Kirsten Mueller, Capital City Volunteers (CCV) Outreach Worker
Noriko Oka, Outreach Worker
Janessa Serediuk, Youth and Family Outreach Worker
Nancy Smith, Family Centre Coordinator
Jennifer Tessier, Group Facilitator - Older Adults and Better at Home Coordinator

Board of Directors 2015/16

George Jamieson, Chair
Ron Duffell, Vice Chair
Lauren Clavara, Secretary/Treasurer
Mavis DiGirolamo
Kelly Gesner
Onkar Heer
Rozlynne Mitchell
Yasmin Rampuri

Family Centre

Our Family Resource Centre has welcomed families from the community for over 30 years. We are a member of the BC Association of Family Resource Programs, an organization which has over 200 members in the province. Family Resource Programs are based on the belief that consistent positive parenting skills and healthy child-parent relationships are essential to healthy child development. Research strongly demonstrates the impact of the early years on life-long health and social outcomes, and suggests that investing in supportive programs for young families significantly reduces future costs to health care, education, social programs and the criminal justice system. Family Resource staff provide family support, play based learning activities,

parent education, as well as information and referrals to community resources.

One of the unique features of JBCP's Family Resource Centre is the opportunity to enrich our programming with the talents and assistance of a diverse group of volunteers who help in many ways in the programs, adding their experience, interest and nurturing touch. We are fortunate to have a dedicated team of volunteers who have given over three thousand hours of their time to support our many family programs over the past year.

Baby Group

This program, for new parents with babies from birth to about 7 months, incorporates education topics and discussion time. New parents receive information and support on a wide variety of issues such as infant development, nutrition and breastfeeding, sleep, infant CPR, health and safety and community resources. During the past year, we ran three 10-week groups with 46 women and babies attending.

Parent Child Mother Goose

The popular program is based on strengthening attachment and building nurturing parent-child relationships through songs, stories and discussion.

Family Resource Programs

Thanks to funding provided by the United Way, we were able to offer four 10-week sessions of Mother Goose, serving a total of 84 families with babies up to age one, during the past year.

Creative Play and Toddler Time

The 2015/16 year was a very busy one in the Family Centre. We currently have over 400 families registered in the family centre and during the past year, there were over 4000 adults' and 5000 childrens' visits across our morning programs. Funding for these programs is provided by the Ministry of Children and Families and Public Health Canada (CAPC).

Welcome Playgroup

Thanks to funding provided by the Vancouver Foundation, JBCP has been offering a weekly playgroup for families who are immigrants, refugees, or new to Victoria. During the past year, we served 75 different families from 25 different countries. This group also accepts referrals from the Intercultural Association of Victoria, the Victoria Immigrant and Refugee Centre and Island Health. Families have the opportunity to talk with a public health nurse and a dental hygienist from Island Health once per month. Families can find out about available services, make

new friends, share information about resources, find support and connect with other newcomers in the community.



Child and Family Development & Youth and Family Outreach

The Outreach program offers counselling, information and support to families and their children from birth to nineteen years. These programs can occur in the home, office or community settings.

The Youth & Family Outreach Worker provides information, support, education, mediation & referrals for youth (ages 13-19 years) and their families, on an individual basis. In 2015, 29 families accessed the Youth & Family Outreach Program.

The Connect Parent Program runs once per year and is an attachment-based group

program for parents of teens struggling with mental health and behavioural issues. In 2015, 8 families participated in this program. One parent said of the program: "This workshop has been of great value to myself and my family."

Cool Cues is a social skills program for 8 – 10 year olds. Cool Cues runs several times per year at the Project as well as at nearby elementary schools. Children explore ways of interacting with others through a variety of fun activities. In 2015, 12 families accessed the Cool Cues Program. When asked what they learned in this program, one child said "how to respect other people."

Family Dinner is a weekly program focusing on building the community connection of families. Volunteers cook and serve a delicious meal and there is time for families to access the support of each other and services at the Project. In 2015, 21 families attended the Family Dinner Program. One parent said of the program: "It gives you a break from cooking dinner and lets me relax and meet new people in the community!"

The Family Development Program offers one-one consultation and support to families with children under the age of 12 who have concerns that impact their

Community & Volunteer Services



family life. Parents may be referred through MCFD (Ministry of Children and Family Development), self-referral or be referred by community agencies.

During 2015, the Family Development worker met with 24 families (26 parents) for consultation and support.

Of these families 14 families (15 parents) were referred by MCFD and 10 Families (11 parents) were referred by community agencies or self-referral.

Families can also find support through the following programs:

A parent education program facilitated by the Children and Family Development worker known as the Positive Parenting Program – (Triple P).

Triple P is a cognitive-behavioral approach toward parenting, simply put this approach focuses on parenting thoughts and how this impacts behaviour. The program encourages a straight forward and positive focus to encourage a strong parent-child relationship, to support child development & to support parents to manage children's behavior in a constructive and respectful manner.

Pathways is a program designed to help parents manage their emotions, particularly anger.

Transitions is a program that aims to support parents through separation & divorce. Participants are required to have completed a Triple P individual or group positive parenting program.

Outreach for Seniors and Adults with a Disability

In 2015, the Outreach Worker continued to support low income seniors and adults with disabilities living independently in the James Bay area and at risk of isolation. The Outreach Worker facilitated matches between participants and our dedicated pool of volunteers, linked participants with programs at the James Bay Community Project as well as referring to other services offered by various community partners. She also provided individual support to participants who were at particular risk and benefitted from one on one intervention. She worked in close collaboration with a team, including with Capital City Volunteers, Better at Home and Volunteer Services in streamlining service delivery and enhancing best practices.

Seniors Advisory Committee

The James Bay Community Project is committed to provide programming which addresses service gaps and needs in our community.

The Seniors Advisory Committee has an action-based component. In 2015, they

organized two workshops related to seniors including Advanced Care Planning and Network for Financial Planning. The committee also continued to liaise with the Better at Home Advisory Committee. Over the past year, one member resigned from the Seniors Advisory Committee. Currently there are five remaining members that attend the monthly meetings.

Direct Services

James Bay Community Project is part of a network of six agencies in Greater Victoria that provide one to one direct volunteer services. Dedicated volunteers provide support to seniors and adults with a disability in order to assist them to live independently.

These volunteer services include:

- Transportation-medical and errand drives
- Visiting
- Walking
- Reading and Writing



Community & Volunteer Services

Direct Services

James Bay Community Project is part of a network of 6 agencies in Greater Victoria that provide one to one direct volunteer services. Dedicated volunteers provide support to seniors and adults with a disability in order to assist them to live independently. These services include: Transportation, Visiting, Walking, Gardening, Shopping and Light Errands, Dog Walking, Downsizing and Decluttering, Income tax preparation, Computer support and lessons, Reading and playing games.

Seniors Health Programs and Services

Seniors Connections Lunch

65 seniors are registered for this program, with an average weekly attendance of 25. The group includes a nutritious lunch prepared and served by a dedicated team of volunteers, followed by an activity or speaker.

Presentations include health education topics, information about community resources for seniors, as well as general interest topics.

Transportation to and from the group is provided by volunteer drivers if needed and for those participants who request it. If there are individual needs that arise through the year, the outreach workers are available to follow up with the participant.

Research strongly supports the value of social connections in maintaining and improving health and quality of life; this program has encouraged the development of friendships and support outside the group as well as within the program itself. Individual celebrations and losses are supported in an inclusive atmosphere.

This past year Seniors' Connections received Better at Home funding to further enhance the benefits to participants while encouraging them to stay connected to their community. In 2015 we celebrated 15 years of Seniors Social Connections, and Better at Home is proud to be a part of this active, long standing group.

Other seniors health programs and services include: Blood Pressure Clinic and workshops organized by the Seniors Advisory Committee.

Victoria Better at Home

The James Bay Community Project and Capital City Volunteers are pleased to have been chosen to deliver the Victoria Better at Home program to the City of Victoria.

The Province of British Columbia provides funding to Better at Home Programs as part of "Improving Care for BC Seniors: an Action Plan" that looked at the needs of seniors and an aging population in our province. The money is managed by the United Way of the Lower Mainland.

Victoria Better at Home helps seniors with simple chores so they can continue to live in their home and remain connected to their community. The program offers light housekeeping, minor home repairs, non-medical transportation, and Seniors' Connections Group. The Victoria Better at Home services are available to those who are 65 years old or older, residents of the City of Victoria and who are living independently.

Seniors inquiring about receiving Victoria Better at Home services go through an intake and registration process with an Outreach Worker who will visit the senior and assess their needs to determine if they would benefit from Victoria Better at Home services and / or other community

Community & Volunteer Services



services that support seniors. Fees may be assessed for the light housekeeping service on a sliding scale based on the senior's household income.

Volunteerism, Community Programs and Community Services

Volunteerism

James Bay Community Project is founded on a belief that volunteerism and participation in community life benefits the wellness of both the individual and the whole community. Last year almost 400 volunteers contributed to the Project, and in so doing built a network of community connections reaching far beyond our organization.



Deloitte volunteers 2015

Each day volunteers contribute expertise and energy to JBCP. Volunteers provide an immeasurable amount of support across the Project. Volunteers support us

in the Community Library, the Community Closet Thrift Store, the Family Resource Centre and with Direct Services. They lead Community Programs and help with tasks such as food sorting and preparation, room set up and clean up, reception and office assistance, gardening, lawn mowing, toy washing, grocery shopping, reminder phone calls, cleaning, shopping, painting, running errands, yard clean up and building maintenance.

The reality is that without the support and assistance of volunteers many of our programs and services simply could not take place.

Community Living Volunteers

We collaborate with a number of Community Living Agencies including Community Living Victoria, Garth Homer Society, Frederic Ozanam Centre, Abilities, Futures Club, InclusionWorks! and Satellite Day Program to provide volunteer placements. 18 teams totalling approximately 50 volunteers assist weekly with things like sorting clothing for the Community Closet, bagging bread for our food cupboard, bottle returns, shopping, cleaning, making soup, baking and assisting with office tasks.

Community Programs

We are proud to offer over 25 low cost and free Community Programs with the help



Community Living Volunteers

and skills of volunteers. Volunteers with specialized skills and talents lead many of our Community Programs. Due to their generosity we are able to offer ongoing weekly programs such as: Foot Care, Blood Pressure Clinic, Macular and Low Vision Support Group, Yoga for Stress Relief, Qi Gong, Reiki, Exploring Ancient Chinese Wisdom, Meditation & Self-Knowledge, Collective Kitchen and recently Postural Stretching. A small donation to access these programs goes directly back into supporting Community Services across the agency.

We also partner with other organizations to host groups at the Project such as: African AIDS Angels, Breast Friends, Self-Management Programs of BC, LifeRing Support Group, BCALM and Toastmasters. The Macular and Low Vision Support Group meets monthly to gain valuable information and learn coping strategies

Community & Volunteer Services

related to all types of vision loss. Guest speakers lend their time and expertise to the group while participants share strategies as they learn and support each other. We are fortunate to have a retired CNIB professional to facilitate this program.

Foot Care

Volunteers provide simple foot care for low income seniors and people living with disabilities to access necessary foot care. Complex foot care for those with chronic health or foot care issues was provided by a contracted Registered Nurse (RN) through a two year community grant from the Victoria Foundation. The RN provided in-home care for those with mobility and/or transportation challenges as well as appointments at the Project. At the end of 2015 the Complex Foot Care funding came to an end. We are currently looking for other sources of funding to support this valuable program.

Community Services

Community Library

Our library operates under a partnership agreement with the City of Victoria and the Greater Victoria Public Library (GVPL). The City of Victoria provides funding while GVPL loans the Project a selection of about 450 books. Loaned materials are rotated twice annually to ensure a continuous flow of new library books. The library also

houses about 2500 donated materials. Hard cover books, paperbacks, VHS, DVD's, audio materials, youth and children's books are all part of the collection. One of the unique features of our library is that patrons only need provide contact information to take out donated materials. For GVPL books a library card number is needed. Over 45 dedicated volunteers operate the library Monday to Friday 10 am – 4 pm and assist with extra duties such as the book exchanges, processing donations, tracking down overdue materials and record keeping. On average 450 patrons visit the library monthly. Once a book is no longer circulated in the library it is sold to raise money to support our community programs.

Community Access Programs

We have 2 public access computer stations that are available Monday to Friday 8 am – 4 pm. Computers can be used for up to an hour a day on a first come, first served basis and there is no cost to use the computers.

Printing can be done for a cost of 10 cents per sheet.

A public telephone, the Times Colonist newspaper and a community resource and brochure rack are also available.

Community Food Initiatives

We rely on donations of food for use in our programs and to give away to those in need. Local businesses such as Level Ground Trading Company, Six Mile Bakery, Starbucks Fairfield, Niagara Grocery and Fairfield Grocery as well as other non-profit societies like Mustard Seed and James Bay United Church all contribute to our food supply.

We also participate in the Community Food Program coordinated by Cold Star Freight Systems Inc. These donations save us thousands of dollars and help to feed many people in our community.

Using food donations, volunteers prepare soup and dessert for our weekly seniors

programs, meals for family dinners, baking for many of our programs and healthy snacks for our Family Resource Centre.



***Coast Capital -James Bay
generously donate to the
food initiative***

Community & Volunteer Services



We also belong to the Community Kitchen Network and from time to time have hosted Community Kitchens with funding from Island Health and Canadian Diabetes Society Food Skills for Families.

Community members in need can stop by the reception desk to ask for a can of soup daily, receive bread on Tuesdays courtesy of Thrifty Foods James Bay and garden greens in the summer months courtesy of the Michigan Street Allotment Garden (now called the Community Garden of Allsorts). We also have a small herb garden where we grow modest amounts of herbs to give to the community.

Community Closet Thrift Store

The Community Closet is many things, not just a Thrift Store. It is a place where folks can afford a 'new' outfit or a 'new' pair of shoes. The Closet is a place where friendships are created and kept.



It's a place that encourages browsing or sitting 'for a bit'. It's a place where you can test your boundaries and try new things to wear. And The Closet is a place

that strives to deliver funds back into the community through the work of the James Bay Community Project. We are all proud of what we do every day, here, in our shop.

The Community Closet enjoyed strong Holiday season sales this past November / December with a combined increase over 2014 numbers of 24%.

January continued the trend with an 11% increase year over year. February slipped slightly with a 1% decrease in annual sales; the drop was small though, only \$114. The drop could be attributed to the El Nino weather pattern: shoppers were browsing the winter items but held off buying heavy sweaters and winter coats & boots because they didn't need them.



"I'm from Nova Scotia and just found you- I'll be back."

By March this year annual sales were at \$120,000 for an annual increase of 10%. This directly translates into programs and services at James Bay Community Project.



"I love this place!"

Many people tell us they didn't know about us so we aim to work harder to make sure the word does get out about this treasure of a thrift store in James Bay.



"The prices are so good here"

Finance Report 2015/16

Brian Vining, Finance Manager

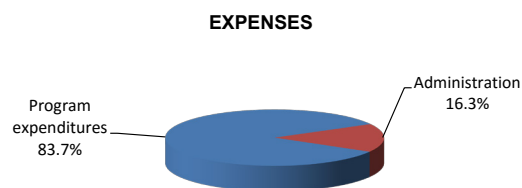
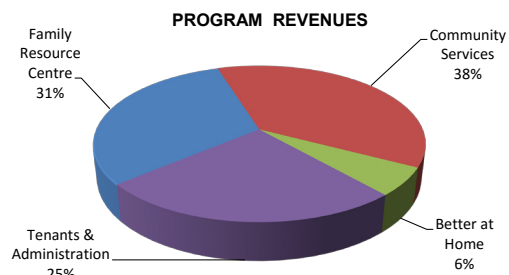
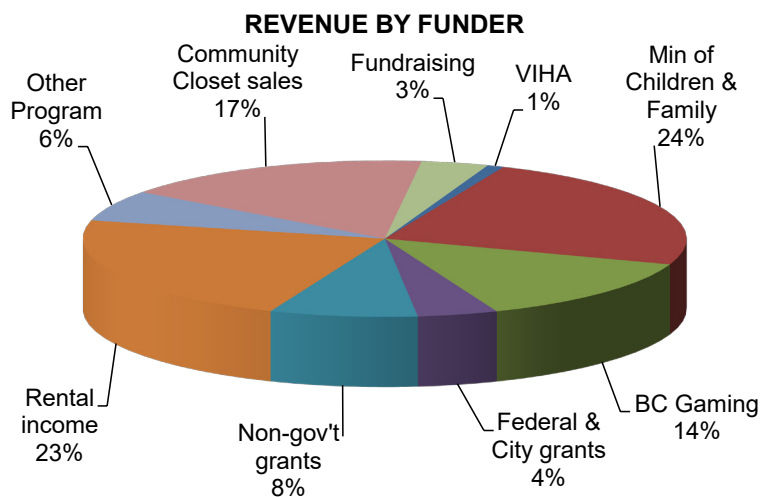
The year ended March 31, 2016 has been a challenging one as the Project acclimatized to the substantial program changes in 2015 and a further evolution of our major new program. 2016 total revenue decreased by 26.8% from 2015. 2016 total expenditure decreased by 20.7% from 2015. These declines were mainly due to the departure of the Victoria Youth Clinic, together with additional costs associated with the separation.

Sales at the Community Closet rose again, from \$111,000 to \$123,000, offsetting the decline in revenue, but a further decline of \$11,000 in donation revenue weakened our operating results. The increased cost of Building Maintenance (\$6,600) added further pressure.

Program delivery under the Better at Home program, which commenced in April 2014, grew steadily throughout the year. In March 2016, further funding from the United Way was approved to expand the geographical area serviced by the program.

During the year ended March 31, 2015, we reduced our mortgage by \$25,464 to \$182,554. No payments in addition to the regular mortgage payments were made.

Primary funding for the Project came from the Ministry of Children and Family Development, Vancouver Island Health Authority, City of Victoria, the Province of BC (Gaming Policy Branch), United Way of Lower Mainland, United Way of Greater Victoria, Vancouver Foundation, Victoria Foundation, Thrifty Foods Smile Card Program, and our many other funding partners and the community at large.



Thank You to our Supporters!



January 1, 2015- December 31, 2015

We are very grateful to the following funding agencies, organizations, businesses, and individuals for their generous gifts.

Funders and Grants 2015

BC Ministry for Children and Family Development
CAP-C
City of Victoria
Coast Capital
Grt Vic Harbour Authority
Island Health Authority
Pharmasave James Bay
RBC
The Province of BC
Thrifty Foods Smile Card Program
Times Colonist Raise -a-reader Fund
United Way of Greater Victoria
Victoria Foundation
Vancouver Foundation

Donations \$1,000 to \$4,999

Bruce Chambers

Donations \$500 to \$999

Sam Broadbent
Michael Carson
John Pallett
Robert Toublanc
Doris Young
TELUS

Donations \$200 to \$499

Barry Byers
Marcel Carisse
Marsha Carters
Clodagh Craig
Mavis Degirolamo
Rick Dowdall
Monique Duclos
David and Pauline Edwards
Ann Geddes
Linda Gokey
Pauline MacKenzie
Andrew Mulcahy
Raku Pope
Marjorie Welch
Royal Canadian Legion Branch 127

Donations \$100 to \$199

Alice Adams
Leonda Adler
Sylvia & Ken Austin
Solly & Marilyn Bayer
Elaine Beyer
Joan Cook
Audrey Cousins
Gertrude Coutts
James Coxon
Malcolm Foy
Sheila Gaunt
Reg Gillis
Gary Gull
John Hall
Bob & Jennifer Hastie
Marie Louise Logan

Pamela Madoff
Irene Magill
Doug Mattingly
Elizabeth McDougall
Kathleen Moeller
Irene Nepstad
Mary J. Norton
Norman Preston
Winifred Sewell
Anita Stenders
Norah Thomas
Elizabeth Willekes

Donations \$99 and under

Eric Adams
Elizabeth Alkenbrack
Hazel Bailey
Guy Birchard
Anne Boldt
Jill Charman
Alyx Clavara
Monique Coyle
Florence Cunningham-Moodie
Marguerite Blanche Davidson
Lyndsi Dawe
Elsie Farr
Trudy Fitch
Jean & Kevin Forrest
John & Shelagh Graham
Leslie Hebert
Nigella Hind
E G Holmes
Anne Hopkins
Carmelita Howells
Judith Jenner

Thank You to our Supporters!

January 1, 2015 - December 31, 2015

Peggy Jones
Isabel Limer
James Lucas
Janet Lundman
Evelyn MacKay
Karen MacKinnon
Barbara Marshall
Ernest Marza
Michael McClimon
Jean McClure
Barbara McFadden
Marge Milne
Richard Morgan
Judith Nefsky
Joan Nelson
Jerome Pauls
Norma Pelikan
Selma Pihel
Sharon Russell
Lucille Singleton
Clyde Smith
Sylvia Stirland
Debra Tully
Isobel Vanderwal
Lynne Vickson
Ruth Waldick
Barrie Webster
Diane Wilde
Elizabeth Willis
Julius Wrablewski
Yumi Yanagizaki

Amica at Somerset
Aria Condo Group
BC Transit
Chorizo and Co Café and Deli
Coast Capital Savings
Coldstar
Emmie Mulley
Frys Red Wheat Bread
Harbour Air Seaplanes
Heron Rock Bistro
Hotel Grand Pacific
Il Terrazzo
Inn at Laurel Point
Joan Gorill
Laurie Finnigan and Darren Rowland
Mustard Seed
Neighbourhood Garden of All Sorts
Oak Bay Beach Hotel
Pescatores
ara Sowelu
Spinnakers at James Bay
The Bard and Banker
The Brick
Thrifty Foods
Victoria Athletic Club
Victoria Symphony
Women In Need
YMCA
The Victoria Symphony
Thrifty Foods
Times Colonist
Victoria Harbour Ferry
Paula Weismiller J Ted West
Women In Need
YMCA-YWCA

Fundraising and Communications

Many of the programs and services at James Bay Community Project couldn't run without the generosity of funders and donors. We are truly grateful to all the donors and supporters listed here - thank you. Every year we raise funds through events, a silent auction, sponsorship, grants and an annual campaign where we write to our generous community asking them for the support we need to continue providing programs to the community.

2015 was a year of celebration as JBCP turned 40 years old and staff, volunteers and friends past and present gathered to mark the occasion.

JBCP also partnered with Victoria Athletic Club and Mike Janes of the Condo Group to host a running clinic in preparation for the GoodLife Fitness Victoria Marathon.



BCP Soul Runners team members 2015

Sponsors & Gifts in Kind

6 Mile Bakery
Amica at Douglas House

James Bay Community Project



Programs & Services

Family & Youth Services

Creative play & Toddler Time drop in, parent education and support groups, baby group, parent /child Mother Goose, Welcome Playgroup, Triple P parenting program, family dinners, Cool Cues, outreach counselling program

Services for Seniors and Adults living with disabilities.

Outreach worker, seniors Social Connections group, Victoria Better at Home program

Direct Volunteer Services

Transportation, visiting, walking, reading, games, basic computer lessons, dog walking, yardwork & gardening, light errands, organizing, decluttering and minor home repair.

Community Closet Thrift Store

Quality used clothing, accessories and books

Community Programs

Foot care, reiki, yoga for stress relief, blood pressure clinic, meditation and self-knowledge, qi gong, macular degeneration & low vision support group, exploring

ancient chinese wisdom, postural stretching.

Other Community Program Partners

Mustard Seed, WIN.

Community Library

Hard cover and paper back books, DVD, audio and low vision materials, magazines and youth materials.

Community Living Agencies Volunteer Support

Partner agencies: Garth Homer Society InclusionWorks!, Kardel Consulting, Futures Club, Community Living Victoria - Satellite Program, Society of St. Vincent de Paul-Frederick Ozanam Society.

Hosted Community Programs

Self management programs of BC, African AIDS Angels, Breast Friends, Community Kitchens, Food Skills for Families, Canada Revenue Agency - community volunteer income tax program.

Rented Community Spaces

Toastmasters, LifeRing support group, BCALM. Various community groups (non-profits, charities, festivals, support groups).

Community Food Programs

ColdStar, community food donation, canned soup, community soup lunch, bread programs, greens and herbs.

Community Access Programs

Computer access, Times Colonist paper phone, information, brochures and the James Bay Beacon paper.

Tenant Services

Community Health Co-op

The Victoria Health Co-op is a tenant of JBCP and provides MSP funded services to patients of the Co-op Health Centre.

Essential Health Centre

Acupuncture and Massage Therapy.

HerWay Home

Health care and social supports for pregnant women and new mothers (with babies under six months old) who are affected by drug and alcohol use and/or mental health issues, violence or trauma.

LifeLabs

Laboratory testing services.

James Bay Community Project

Thank you to the Board of Directors, Staff, Volunteers
and Donors for building community together



2015/16 Board of Directors

Thank you to our funders



Our Mission

To build resilience through connections

How to Contact Us

James Bay Community Project
547 Michigan Street, Victoria BC V8V 1S5
Telephone: 250-388-7844
Fax: 250-388-7856
Email: askus@jbcp.bc.ca

Find us online

www.jbcp.bc.ca
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